

FROM THE SOUTHWEST (Tuscaloosa/Bessemer)

Travel I-59 NORTH. Take I-65 SOUTH (Exit 124A) toward Montgomery. Take the 4TH AVENUE SOUTH exit (Number 259B). The exit ramp curves sharply to the left and under I-65 to become 4th AVENUE SOUTH. Follow 4th AVENUE SOUTH, south of downtown, to 22nd STREET. Turn Right onto 22nd STREET. You will stay on 22nd Street for approximately 1 ½ - 2 miles. Continue on 22nd STREET, up the hill to IRELAND WAY. There will be a red brick sign on the right that says “Ridge Park”. Turn right on IRELAND WAY, and right again, into the Ridge Park parking lot. Our building is the first building on the right. It is a red brick building with a white top. Visitor parking is on the front of the building, with handicap-accessible parking to the left of the front door. Our receptionist is on the 4th floor. Follow the sign as you turn left leaving the elevator.

or:

Travel I-59 NORTH and approach downtown (on the north side of town). Merge right, just past the Birmingham-Jefferson Civic Complex (BJCC), and exit right onto US 280 EAST/US 31 SOUTH. Stay on US 280/US 31 to 8TH AVENUE SOUTH/UNIVERSITY BOULEVARD. Take the 8TH AVENUE SOUTH/UNIVERSITY BOULEVARD Exit. Turn Right at the end of the exit ramp and follow UNIVERSITY BOULEVARD to 22nd STREET. Turn Left onto 22nd STREET and go approximately 6 blocks (0.3 miles), up the hill to IRELAND WAY. There will be a red brick sign on the right that says “Ridge Park”. Turn right on IRELAND WAY, and right again, into the Ridge Park parking lot. Our building is the first building on the right. It is a red brick building with a white top. Visitor parking is on the front side of the building, with handicap-accessible parking to the left of the front door. Our receptionist is on the 4th floor. Follow the sign as you turn left leaving the elevator.

Please call 205-536-8888 if you need assistance.